

D.NRG NUTRITION

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My Pledge Regarding Health Information

I understand that health information about you and your health care is personal. I am committed to protecting health information about you. I create a record of care and services you receive from me. I need this record to provide you with quality care and to comply with certain legal requirements. This notice applies to all of the records of services and care you received by this practice. This notice will tell you about the ways in which I may use and disclose health information about you. I also describe your rights to the health information I keep about you and describe certain obligations I have regarding the use and disclosure of your health information. I am required by law to:

- Make sure that protected health information (“PHI”) that identifies you is kept private.
- Give you this notice of my legal duties and privacy practices with respect to health information.
- Follow the terms of the notice that is currently in effect.
- I can change the terms of this Notice, and such changes will apply to all information I have about you. The new Notice will be available upon request and on my website.

For Educational and Informational Purposes Only

- The information provided in or through this website is for educational and informational purposes only. Use of the health-related information contained on this website does not constitute a clinician-client relationship. Information contained on this site is intended as a self-help tool for your own use. The views on this website are my own do not reflect the values, thoughts or opinions of the Academy of Nutrition and Dietetics or other professional health organizations.

Not Health Advice

- Although I am a Registered Dietitian, the information contained in this website is intended for a general audience. It is not intended to be a substitute for individualized medical advice from a medical provider or counseling from a licensed therapist. Although care has been taken in preparing the information provided to you, I am not held responsible for any errors or omissions, and I

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accept no liability for any loss or damage you may incur. Always seek appropriate medical advice for your specific circumstances as needed.

Testimonials

- I may publish testimonials, feedback or success stories on the website. These examples of success are of actual clients and results they personally experience. Sharing this does not guarantee or represent that these same results will happen for every client or in the same way.

Limitation of Liability

- We do not assume any liability for your use of this website. You agree that we will not be liable to you, or to any other individual, company or entity, for any type of damages, including direct or indirect for use of my website.

Assumption of Risk

- You understand that any suggestion or recommendation on or through our website is to be taken at your own risk, recognizing that there is a rare chance that illness, injury or even death could result, and you agree to assume all risks.

Errors and Omissions

- Every effort has been made to present you with the most accurate information, but because of the ever-evolving nature of nutrition and health research, Dana Gertschen can make no guarantee as to the accuracy, timeliness, or completeness of the information on this website at all times. D.NRG Nutrition and Dana Gertschen assume no liability for errors or omissions on the website.

No Guarantees

- My role is to support and assist you in reaching your own goals, but your success is your responsibility and depends on your own effort, motivation, commitment, and follow-through. I cannot predict or guarantee that you will attain a particular result, and you accept and understand that results differ for each individual. Results depend on and a variety of factors including a client's personal commitment, past experiences, ability to apply information, and support systems.

No Endorsement

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